

INTERNATIONAL POWERLIFTING FEDERATION
SA EQUIPPED WOMAN CHAMPIONSHIPS 2018, POTCHEFSTROOM (RSA), 29-30.08.2018
DETAILED SCORESHEET

SA Record

DETAILED SCORESHEET																						Qualified for Worlds
PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat			All Bench Press				All Deadlift			TOTAL	W.pts.	Pts.			
Open																						
-52kg																						
1	Vrettas Genevieve	01.01.94	GP	51.00		4	117.5	130.0	137.5	1	57.5	62.5	65.0	1	125.0	132.5	137.5	2	335.0	423.91	12	Q (Protea)
2	Barry Elisabeth	28.03.73	EC	50.54	1.2742	2	110.0	120.0	127.5	2	47.5	50.0	52.5	2	115.0	125.0	132.5	1	312.5	398.19	9	Q (Protea)
-57kg																						
1	Botha Vicki	17.05.73	NW	55.30	1.1883	5	150.0	160.0	165.0	1	65.0	70.0	75.0	1	160.0	170.0	175.0	1	410.0	487.20	12	Q (Protea)
2	Swart Joan	28.09.65	WP	55.85	1.1791	7	75.0	80.0	90.0	2	57.5	57.5	60.0	2	117.5	125.0	130.0	2	275.0	324.25	9	
-63kg																						
1	Leighton Megan	15.01.96	GP	59.00	1.1295	9	120.0	130.0	135.0	1	92.5	94.0	94.0	1	125.0	137.5	143.0	1	367.0	414.53	12	Q (Fed blue)
-84kg																						
1	du Toit Chantelle	07.10.85	GP	75.75	0.9448	11	145.0	155.0	165.0	1	100.0	107.5	109.0	1	150.0	160.0	165.0	1	439.0	414.77	12	Q (Fed blue)
84+kg																						
1	Rees Jacqui	25.03.80	GP	93.95		14	160.0	175.0	185.0	1	105.0	110.0	115.0	3	160.0	170.0	185.0	2	465.0	395.16	12	Q (Fed blue)
2	de Jager Christi	17.05.86	GP	89.90		12	145.0	155.0	165.0	4	120.0	130.0	135.0	1	145.0	155.0	165.0	3	455.0	393.35	9	Q (Fed blue)
3	Green Nicola	29.09.83	GP	94.25		15	165.0	175.0	182.5	2	120.0	127.5	132.5	2	120.0	135.0	147.5	4	442.5	375.59	8	
4	Steyn Kay-Lee	29.08.94	NW	110.60	0.8121	13	155.0	160.0	165.0	3	65.0	85.0	92.5	4	155.0	165.0	172.5	1	430.0	349.20	7	

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Botha Vicki	North West	55.30	1.1883	410.0	487.20	1
2	Vrettas Genevieve	Gauteng	51.00	1.0016	335.0	423.91	1
3	du Toit Chantelle	Gauteng	75.75	0.9448	439.0	414.77	1

Sub-Juniors

-47kg																				Qualified for Worlds		
1	Harding Patricia	23.04.00	EC	46.95	1.3459	1	82.5	85.0	85.0	1	35.0	40.0	42.5	1	102.5	105.0	106.0	1	230.0	309.56	12	Q (Protea)
-57kg																						
1	Venter Leandre	17.05.03	FS	55.35	1.1874	6	70.0	80.0	90.0	1	40.0	45.0	52.5	1	70.0	80.0	85.0	1	217.5	258.26	12	

Best Lifters of Subjuniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Harding Patricia	Eastern Cape	46.95	1.3459	230.0	309.56	1
2	Venter Leandre	Free State	55.35	1.1874	217.5	258.26	1

Juniors

																				Qualified for Worlds		
-52kg																						
1	Roux Rouxchelle	18.05.98	GP	51.90	1.2485	3	135.0	143.0	150.0	1	67.5	70.0	75.0	1	120.0	130.0	135.0	1	360.0	449.46	12	Q (Protea)
-63kg																						
1	Leighton Megan	15.01.96	GP	59.00	1.1295	9	120.0	130.0	135.0	1	92.5	94.0	94.0	1	125.0	137.5	143.0	1	367.0	414.53	12	Q (Protea)
2	Harding Samantha	10.08.98	EC	62.05	1.0864	8	102.5	110.0	112.5	2	50.0	55.0	55.0	2	127.5	137.5	140.0	2	302.5	328.64	9	Q (Fed)

Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Roux Rouxchelle	Gauteng	51.90	1.2485	360.0	449.46	1
2	Leighton Megan	Gauteng	59.00	1.1295	367.0	414.53	1
3	Harding Samantha	Eastern Cape	62.05	1.0864	302.5	328.64	2

Masters 1																					Qualified for Worlds
-52kg																					Q (Fed)
1	Barry Elisabeth	28.03.73	EC	50.54	1.2742	2	110.0	120.0	127.5	1	47.5	50.0	52.5	1	115.0	125.0	132.5	1	312.5	398.19	12
-57kg																					Q (Fed)
1	Botha Vicki	17.05.73	NW	55.30	1.1883	5	150.0	160.0	165.0	1	65.0	70.0	75.0	1	160.0	170.0	175.0	1	410.0	487.20	12

Best Lifters of Masters 1							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Botha Vicki	North West	55.30	1.1883	410.0	487.20	1
2	Barry Elisabeth	Eastern Cape	50.54	1.2742	312.5	398.19	1

Masters 2																					Qualified for Worlds
-57kg																					Q (Fed)
1	Swart Joan	28.09.65	WP	55.85	1.1791	7	75.0	80.0	90.0	1	57.5	57.5	60.0	1	117.5	125.0	130.0	1	275.0	324.25	12

Best Lifters of Masters 2							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Swart Joan	Western Cape	55.85	1.1781	275	324.25	1

Abbreviations:
nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
EC = Eastern Cape GP = Gauteng WP = Western Cape
FS = Free State NW = North West